

Senior Times

The Voice of the Hubbardston Senior

May2024

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Memorial Day Celebration!

Where: Town of Hubbardston

When: Memorial Day, Monday, May 27

Parade begins at Curtis Field at 11:05 a.m.

Ceremony on the common immediately after the parade

All Welcome!

Join us for a complimentary American patriotic celebration with an ice cream social at the Senior Center after the ceremonies. Compliments of The Golden Age Group.

Golden Age Group

We are all looking forward to getting out more now that the winter days are finally over. One of the outings we're looking into for June is a trip to The Lilac Hedge Farm in Rutland for lunch. All of their foods are locally sourced and the views are beautiful. Come to the meetings to get further updates.

The Golden Age group has agreed to take on hosting the Ice Cream Social this year for Memorial Day. We have been busy planning for that and shopping for all the necessary items. Be sure to visit us after the parade in the Senior Center.

At our April meeting one of our members brought in a fox saved by taxidermy and told an interesting story of how he found it and had it preserved. He added that he is hoping more of our male members will begin coming to the meetings! It seems he feels surrounded by all us women! We meet the first and third Wednesday of every month at 1:00. Come on guys and let your voice be heard in the planning process.



Thursday, May 9th 6:30 p.m.

Welcome to the Graveyard! By the Gravestone Girls

At the Williamsville Chapel

An illustrated "virtual tour" chronicling cemetery art, history and symbolism including photos from some of the Hubbardston cemeteres.

Walking Club

Tuesday & Thursday

9:30 a.m.



Meet at the Hubbardston Senior Center. All ages and levels welcome. Come enjoy the fresh air and meet new friends!

Remember—Motion is Lotion!



Hubbardston Nonsuch Garden Club

Thursday, May 9th

7:00 p.m.

Hubbardston Senior Center

Come join our group to learn, listen and share.



Everyone Invited!

Strawberry Short Cake
Social

May 15th at 1:30 pm

Sponsored by:

Fallon Health - Summit ElderCare

BIG News

for Massachusetts residents on Medicare.

Medicare Savings Program (MSP) Eligibility Requirements no longer look at assets, just income

If Single and your income \leq \$2,824/mo
or Married with an income \leq \$3,833/mo

—>You may be eligible for at least...

- Refunded Part B premium (Ex: \$174.70/mo)
- Extra Help (LIS) which provides...
 - Max co-pays on medications (~= \$4.50/\$11.20 for generic/brand)
 - Ability to change drug plans outside of the annual open enrollment period (Oct 15 - Dec 7)
 - No Part D penalty for late enrollment

***Ask you Senior Center to make an appointment with a SHINE counsellor to get the details with free and unbiased counselling ***

Computer Genius Help

Have questions about how to use features in your cell phone? Need help with your laptop? Come with your questions the first Wednesday of the month from 10:00 am – noon for one-on-one help.



the first Wednesday of the month

Calling All Veterans!

Looking for Veterans to march in Hubbardston's Memorial Day Parade, Monday, May 27th. If you plan to march in the parade, come to the Senior Center for a free t-shirt first! Line up starts at 10:15 am at Curtis Field. If you want to ride on the float, be at the Center that day at 10:00 sharp. Mart van will be available to take you back to public parking at Go Green Pallet Company.



Need to go to an activity at the Senior Center? Like to sing? Play bingo? Knit? Play "Pitch" or Cribbage? Do Wii Bowling? Sketch or paint? Bread day? Call Sharon at 207-710-1777 to schedule the van. (Rides to and from the senior center are free AND subject to availability)



JOIN US FOR THE
2024 SHERIFF'S ANNUAL



SENIOR PICNIC

FREE DRIVE THRU EXTRAVAGANZA!

SATURDAY, JUNE 8, 2024

**11 AM - 1 PM
SAC PARK**

**438 LAKE STREET,
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**BBQ MEAL | LOTTERY TICKETS | TONS OF
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ATTENDEES MUST REGISTER BY MAY 20, 2024

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508-796-2638**

**LEAVE MESSAGE WITH NAME, ADDRESS & PHONE
FIRST COME, FIRST SERVE**

SORRY, NO EXTRA BAGS TO GO. MUST BE PRESENT TO PARTICIPATE.

Cleaning out the attic? The cellar? Please consider donating your treasures to the Senior Center. The Friends will be holding pop-up yard sales throughout the summer. Remember - one person's junk is another's treasure!

Bring your treasure to the Senior Center. Call with your questions at 978-928-1400 x211.



May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Coffee 9-11 am Wii-Bowling 9 am Bread 10:00 am Golden Age 1:00 pm	2 Coffee 9-11 am Wii-Bowling 9 am Walking 9:30 am Cribbage 12:30 pm	3 Art Group 9-11 Pitch 6:30 pm	4
5	6 Coffee 9-11 am Wii-Bowling 9 am Bingo 12:30	7 Coffee 9-11 am Wii-Bowling 9 am Walking 9:30 am Knitting 10-noon Singing 1:30 pm	8 Coffee 9-11 am Wii-Bowling 9 am Pitch 1:30 pm	9 Eggs 9:-noon Coffee 9-11 am Wii-Bowling 9 am Walking 9:30 am Cribbage 12:30 pm Historical Soc 6:30 pm Garden Club 7:00 pm	10 Art Group 9-11	11
12	13 Coffee 9-11 am Wii-Bowling 9 am Bingo 12:30	14 Coffee 9-11 am Wii-Bowling 9 am Walking 9:30 am Knitting 10-noon Singing 1:30 pm	15 Coffee 9-11 am Wii-Bowling 9 am Bread 10:00 am Senior Town Meeting 10:30 am Golden Age 1:00 pm Strawberry Social 1:30 pm	16 Coffee 9-11 am Wii-Bowling 9 am Walking 9:30 am Fire Dept Mtg 10:00 am Cribbage 12:30 pm	17 Art Group 9-11 Pitch 6:30 pm	18 Friends Annual Meeting 10 am
19	20 Coffee 9-11 am Wii-Bowling 9 am Bingo 12:30	21 Coffee 9-11 am Wii-Bowling 9 am Walking 9:30 am Knitting 10-noon Singing 1:30 pm	22 Coffee 9-11 am Wii-Bowling 9 am Book Club 11-noon Pitch 1:30 pm	23 Eggs 9:-noon Coffee 9-11 am Wii-Bowling 9 am Walking 9:30 am Cribbage 12:30 pm	24 Art Group 9-11	25
26	27 Holiday	28 Coffee 9-11 am Wii-Bowling 9 am Walking 9:30 am Knitting 10-noon Singing 1:30 pm	29 Coffee 9-11 am Wii-Bowling 9 am	30 Coffee 9-11 am Wii-Bowling 9 am Walking 9:30 am Cribbage 12:30 pm	31 Art Group 9-11	

Upcoming Events

The Friends of the Hubbardston Senior Center

Just a reminder, current members, it is time for annual dues to be paid, and we encourage new members to join us. In May, we will be holding our annual meeting at which time we will be installing officers. We have a few open positions available – so if you want to participate in giving back to the community, and have great ideas for fundraising, we need you! Individual dues are \$10.00. Call Ed Gosson at 978-353-9649.

Annual Meeting Saturday, May 18th

10:00 a.m.

Election of Officers and general business meeting

The Boutique is coming in June!

Cleaning out your closet? The Senior Center will once again hold a Boutique in June. Donations of gently used clothing is most welcome. Drop off at the Senior Center. Accepting men's, women's and children's clothing, and shoes, bags, and jewelry too!



Book Club

Meets 4th Wednesday of the month. Our next meeting is March 27th at 11 a.m. This month's book is "Small Great Things" by Jodi Picoult. Come join us for some lively conversation.



Know how to knit? Want to learn how to knit or crochet? Come on Tuesday mornings from 10 – noon and join the Yarn-It-All group.



Like to Sing? Come join the Hubbardston Swingin' Singin' Seniors every Tuesday at 1:30 p.m. All welcome! They will be singing at the Memorial Day Program.



Love art? All mediums welcome! Come Friday's from 9-11 am and share your talents! From pencil drawing to oil paintings – we encourage all! Find your inner Picasso.





MART VAN TRANSPORTATION

Contact Sharon at 207-710-1777 or 978-928-1400 x210 from 8 a.m. to 4 p.m. Mon—Fri. If she does not answer, please leave a message. Your call will be returned within 24 hours (excluding weekends)

Please give her the following information:

- Time and location where you need to be picked up
- Time and location of your appointment
- Time your appointment should be finished
- A phone number where she can reach you

Medical Appointments: Available as time permits

- Please note: If the appointment is for surgery, the client needs to find other transportation home. Van drivers cannot be responsible for a client after he or she has any major medical procedures.

Shopping: Available as time permits

- Anyone wanting to attend special events at the Senior Center should call ahead. As time permits, the van driver will give you a ride to the Senior Center and then back home free of charge.

Please remember the MART van will not be running when school is closed due to weather or holidays.

Are you a veteran or spouse of a veteran in need of food security assistance? Montachusett Veterans Outreach Center can help!

- ◆ MVOC food and clothing pantry is available
- ◆ Monthly food box delivery for Vets in need
- ◆ Call 978-632-9601 for more information

We have access to wheel chairs, walkers, beds, etc. Call the Senior Center if you have a need for any medical equipment! 978-928-1400 x211

TIME TO APPLY

Low-income Home Energy Assistance
Fuel is expensive, and winter is long!

Acquiring fuel assistance requires a lot of documentation, but the savings are well worth the effort. We have just the person to help. Call the Senior Center at 978-928-1400 x211 to make an appointment with Pat Lamoureux. She can help with the paperwork.

Fuel Assistance—

978-342-4520 (NEFWC);
978-342-9407 (Salvation Army);
877-563-4645 (Joe for Oil)



Make an appointment to see our Veterans' Agent Lauren Wright
978-928-1400 X 244
or email vet@hubbardstonma.us

Need to make changes to your insurance, Call the Senior Center to make an appointment to talk with the Shine representative. 978-928-1400 x211

Urgent need!! Would you like to help a fellow senior?

SHINE is looking for volunteers to provide essential insurance counseling to individuals, couples and families in our area. Training and certification provided by the Office of Elder Affairs. If you are interested, call (800) 243-4636 for more information.

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Hubbardston Council On Aging Mission Statement

The Hubbardston Council on Aging and the Senior Center exist to serve, support, and enhance the lives of all senior citizens in the community by providing social, educational, and health related programs and activities which support their well-being. They seek to create an environment that is socially and intellectually stimulating, promotes interconnectedness and unity among older residents and encourage them to pursue healthy, active, independent lives.

Meet Your Council On Aging Members

DIRECTOR

Claudia Provencal
978-928-1400 x211
Please leave a message.
Home: 978-928-5195
coa@hubbardstonma.us

CHAIR

Florence Pervier
SECRETARY/OUTREACH WORKER
Mary Ellen (Mel) Shaughnessy
TREASURER
Ken Horvath

MEMBERS

Nancy Afonso
Susan Breagy
William Lipka
Lorraine Michals
John Nason

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